

TuscBDD COVID-19 Exposure Response Plan

Revised: February 28, 2022

TuscBDD follows CDC guidelines for quarantine and isolation. **See attached for a full copy of the current CDC guidelines; however, these are updated regularly with the most timely information available on the CDC website.**

Based on the CDC COVID-19 Community Level for Tuscarawas County, people may choose to mask in TuscBDD facilities, but it is not required. People with symptoms, a positive test, or exposure to someone with COVID-19 should wear a mask. Employees are expected to honor all requests from coworkers, families, students, providers, or community members if they prefer a mask be worn during their interaction.

COVID-19 SYMPTOMS:

- **HIGH RISK SYMPTOMS (1 or more):** fever of 100°F or 37.77°C (or greater) or chills, cough, shortness of breath or difficulty breathing
- **LOW RISK SYMPTOMS (2 or more):** fatigue, muscle or body aches/weakness, headache, loss of taste or smell, sore throat, congestion or runny nose, nausea, vomiting, diarrhea

If you have one high risk symptom OR any combination of two or more low risk symptoms you should isolate. When checking for symptoms, consider symptoms that are new or unusual.

Notify the Human Resources Director and your Director/Principal:

- If you or a member of your family exhibit symptoms,
- If you were exposed to someone with COVID-19, OR
- If you test positive for COVID-19.

You will be required to submit proof of vaccination status, test results, or alternative diagnoses to the Human Resources Director/Principal.

Vaccines are up to date defined: This means a person has received all recommended COVID-19 vaccines, including any booster dose(s) when eligible.

Vaccines are not up to date defined: This means you have either never been vaccinated or your vaccines are not up to date.

Please note: Those who have tested positive for COVID-19 in the last 90-days do not need to quarantine or re-test unless new symptoms develop.

COVID-19 Tests Accepted:

- **Laboratory Tests (PCR, etc.)** (tests performed in a variety of different settings such as doctor's office, hospital, health department, etc. and sent off to a lab for processing – results are ready in 1-5 days)
- **Rapid Antigen Tests** administered ***only*** by the Tuscarawas County Health Department (TCHD) – results are ready within 15 minutes; we cannot accept negative results from at-home rapid test kits **TCHD offers drive-up rapid antigen testing by appointment only - call 330-343-5555, ext. 100 to schedule.**

Calculating Quarantine and Isolation Days in Accordance with CDC (see attached for full details):

- **Quarantine (if you were exposed):** The date of your exposure is considered day 0. Day 1 is the first full day after your last contact with a person who had COVID-19. Those who must quarantine (in accordance with CDC guidance) and do not develop symptoms are permitted to return on days 6-10 with proof of a negative test that is performed on day five (or later). Employees and students must wear a well-fitted mask at all times when around others in order to return on days 6-10.
- **Isolation (if you are sick or test positive):** Day 0 is your first day of symptoms or a positive viral test. Day 1 is the first full day after your symptoms developed or the day your test specimen was collected if you had no symptoms. If you meet the criteria to end isolation after 5 full days (in accordance with CDC guidance), employees and students must wear a well-fitted mask at all times when around others on days 6-10.
- **Your return date must be confirmed by the Human Resources Director/Principal.**

Post Vaccine Considerations *(Based on document titled “Post Vaccine Considerations for Healthcare Personnel from the CDC”.) The information below is based on the premise that the employee has not had a known exposure to COVID-19 in the previous 10 days.*

- If an employee or student receives the COVID-19 vaccine and experiences mild to moderate symptoms such as fever, fatigue, headache, chills, nausea, muscle and/or joint pain within the first three days of vaccination, they are permitted to return to work or school once they are fever-free and feel well enough to return.
- If an employee or student receives the COVID-19 vaccine and experiences symptoms such as cough, shortness of breath, a runny nose, sore throat, or loss of taste or smell, they are not permitted to return to work or school as these symptoms are unlikely to be from the COVID-19 vaccination. Contact the Human Resources Director/Principal for steps to follow in regards to a return date.

Confidentiality/Privacy

Except for circumstances in which TuscBDD is legally required to report workplace occurrences of communicable disease, the confidentiality of all medical conditions will be maintained in accordance with applicable law and to the extent practical under the circumstances. When it is required, the number of persons who will be informed that an unnamed employee has tested positive will be kept to the minimum needed to comply with reporting requirements and to limit the potential for transmission to others. TuscBDD reserves the right to inform other employees that an unnamed co-worker has been diagnosed with COVID-19 if the other employees might have been exposed to the disease so the employees may take measures to protect their own health. TuscBDD also reserves the right to inform contract employees, vendors/suppliers or visitors that an unnamed employee has been diagnosed with COVID-19 if they might have been exposed to the disease so those individuals may take measures to protect their own health.

TuscBDD may modify this plan on a case-by-case basis. If you have any questions concerning this plan, please contact the Human Resources Director.