

MISSION & VISION

The **mission** of TuscBDD is to enhance the lives of individuals with disabilities through quality services and community partnerships.

The **vision** of TuscBDD is for a community that recognizes the importance and potential of all citizens.

PROGRAM CURRICULUM

Elevatus Training Curriculum is used in all classes for sexuality education for people with developmental disabilities, parents or guardians, and staff members.

- Inclusive language and all gender identities and expression
- Suitable for high school through adult
- Evidence Informed
- Trauma Informed
- Fully incorporates Disability Rights, Independent Living, and Self Advocacy
- Places emphasis on the individual being a sexual self-advocate
- Created by not only professionals in the field but also by individuals with developmental disabilities



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Healthy Relationships and Sexuality



Sexuality Education for People with
Developmental Disabilities, Parents or
Guardians, and Staff Members.

330-308-7173

healthyrelationships@tuscbdd.org

PARENTS/GUARDIANS

2 Hour Class

- Examine barriers to talking about sexuality
- Gain knowledge about sexuality and developmental disabilities
- Acquire and practice skills in communicating about sexuality with our young and grown children
- What is Sexual Health
- Barriers to Communicating
- Sexual Development
- Topics to cover
- Tips for Talking
- Practice

WHO TEACHES CLASSES

The program is being offered by TuscBDD Service and Support Administrators and Advocates for Success. They are Certified Sexual Educators with training through Elevatus Training. These trainers have over 30 years of combined experience working in the social services field, specifically serving those who have developmental disabilities. They are trained professionals, as well as friends, mothers, and caretakers of loved ones with developmental disabilities.

WHAT IS THE COST

All materials will be provided, and the cost is free. Funding is provided by the Tuscarawas County Board of Developmental Disabilities (TuscBDD) Levies.

TEENS & ADULTS WITH DD/IDD

22 Session Class

- Gender Identity & Expression
- Different Types of Relationships
- Public and Private
- Friendship
- Communication
- Decision Making
- Moving From Friend to Partner/Sweetheart
- Internet, Social Media & Communication
- Many Roads to Relationships
- Being in a Relationship
- Has Your Relationship Gone Bad
- Body Parts
- Caring for Your Body
- Sexual Feelings, Attraction and Acts
- Communicating About Sex
- Decision Making About Sex
- Challenges or Things That Can Go Wrong
- Do You Want to Have a Child
- Avoiding Pregnancy
- Getting a Sexually Transmitted Infection

WHAT IS BEING TAUGHT?

Participants will learn about sexuality, consent, and sexual development. The course will also provide tools for caregivers to feel more comfortable talking about sex and other sensitive topics. The program will allow participants to explore their own values regarding sexuality, as well as the attitudes they have toward people with developmental disabilities and sexuality.

STAFF MEMBERS

5-7 Hour Training

- What is Sexuality
- Messages about Sexuality
- Sexual Development and Disability
- Values and Attitudes
- Working one-on-one Answering questions and Responding to Behaviors Working with Parents/Guardians

WHY PARTICIPATE

- Many times, people with developmental disabilities are left out of the conversation about sexuality. In reality, people with DD/IDD are sexual beings, too. They need to have the information and education to make healthy decisions regarding sexuality.
- People with disabilities aren't offered the same education as their peers without disabilities. This makes them more vulnerable to things like abuse, exploitation, and trafficking and may be at risk for being perpetrators of abuse due to the lack of education.
- According to the Bureau of Justice Statistics, people with DD/IDD are seven times more likely to be sexually abused than someone without DD/IDD.